Transport Information: Coach leaves Liscard at 8.30am. Cost: £13.00 (£15 for non-members)

NO COACH STOP The coach will be available on your return from 4.00 pm and will leave at 5.30 pm.

PHONE NUMBER During the day the coach mobile number will be: 07984 251 579

For more information and guidance on walking please visit our website - www.wirralramblers.org.uk

A Walk - Points range 18-23

Starting in Bala we cross the River Dee and climb SE through field and forest to Bryn Ronwydd . A ridge is followed over Foel Goch to Foel y Geifr from where we descend to Hirnant Pass and continue to Pen y Cerrig Duon and down to Bwlch y Hwch . Penllyn Forest is crossed via Ystrad y Groes , Gwernan yr Ewig and Maes Hir and on down to Rhos y gwaliau and finally Bala.

Distance: 25kms (15.5mls); Ascent: 915m (3000ft); Walk Points: 21.5

B Plus Walk – Points range 14-18

Starting in Bala we cross the river Dee and Bala Lake railway and head south west to Fridd Coed and south into Penllyn Forest. We turn north east to cross Cwm Hirnant at Aber Hirnant, then north west to Rhos-y-Gwaliau via forest and fields and back to Bala

Distance: 19kms (12mls); Ascent: 701m (2300ft); Walk Points: 16.5

B Minus Walk - Points range 11-14

From the A494 we head N over Lover's Walk to Pen-chos Isaf then along the lane to Pwyll-clai then thru forest to Penmaen. We continue N steeply over Moel Emoel then descending S to Coed Foel-Dryll and back to Llanfor. We then take paths back to the coach via Lover's Walk. Poles recommended. Fabulous views but 1 point added for terrain.

Distance: 14.4kms (9mls); Ascent: 579m (1900ft); Walk Points: 14

C Walk - Points range 7-11

From Bala we take the B4391 S and continue on footpaths S gradually ascending past Cefn-ddwygraig and Brynmelyn to reach woodland. Turning E we pass Caeau-gwynion to reach a minor road. Here we steadily ascend NW, passing Dol-wen-uchaf, and descend to Rhos-y-gwaliau and take roads back to Bala.

Distance: 11.6kms (7.25mls); Ascent: 330m (1100ft); Walk Points: 9.5

D Walk Points range 5-7

Starting from the town we pass the top of the Lake, go over the Railway footbridge and take paths and lanes over a variety of terrain, boggy in places, but with great views down over the lake and town before circling back down to Bala once more.

Distance: 8.5kms (5.5mls); Ascent: 183m (600ft); Walk Points: 6.5

NEW COACH MOBILE NUMBER IS ALSO THE BOOKING OFFICER NUMBER <u>07984 251 579</u> Please now use this number to contact booking officer.

The following Sunday Walks are available to book now.			
17.02.19	NO COACH	24.02.19	Tebay, Cumbria
03.03.19	Fairholmes VC	10.03.19	Clapham, Yorks

When you return to the coach after your walk please remember to change into clean footwear and to leave the coach as clean as you found it. If you leave anything on the coach please contact the Bookings Officer.

